**Release and Reinvigorate Weekend Retreat Terms and conditions**

**1st November 2018**

**BOOKING**

* No booking shall exist until both the booking form and required minimum deposit have been received and ‘Rebecca Spittles Coaching’ has issued a Confirmation Receipt.
* Where a booking is made on behalf of several individuals, each attendee must complete a booking form.
* Although meditation and mindfulness can be helpful in managing stress, depression and anxiety our retreats might not be suitable if you are experiencing major depression or other clinically diagnosed psychiatric illness
* This retreat is for women 18+
* Travel to and from Retreat Destination is not included.
* Accommodation is based on 2-3 people sharing a room.
* Investment Includes essentials bag on arrival,  resources, all food and drink (soft beverages/tea,coffee), accommodation and 24 hour use of the pool.

**PAYMENT**

* The deposit is non-refundable.
* Deposit payment of £75 to be received to hold a  place on the retreat (booking form also to be completed).
* To secure your place, balance payment must be received no later than 1st February 2019. Failure to do so will result in your place being lost and money paid to date lost.  (if taking advantage of the Bonus Offer, Full Payment must be received by 1st December, 2018.
* All 1:1 extra payments must be received no later than 1st February, 2019

 **DATA SECURITY**

Personal details taken from retreat guests will be kept safe and in the strictest confidence.  Your contact details are only available to Rebecca Spittles Coaching and will not be shared with third parties. You always have the right to request Rebecca Spittles Coaching delete or correct the information held about you.

**INSURANCE**

* We strongly recommend considering booking travel insurance which amongst other things provides cover in the event of a cancellation, curtailment or illness etc.
* No responsibility can be accepted by Rebecca Spittles Coaching for the safety of money or valuables of any kind brought to the retreat.  If you do bring valuable items it is essential they are covered by your own insurance for the period of your stay. We will not be liable, under any circumstances whatsoever, for damage, injury or consequential loss, however caused to the retreat attendees.

**CANCELLATION:**

Whilst we wish to treat cancellations sympathetically spaces on the retreat  are limited and as such, the following charges must be applied. Cancellation for whatever reason, should be notified to Rebecca Spittles Coaching.  The following cancellation policy applies:

* If we receive written notification  48 days or more before the retreat start date, then 50% of the total amount paid (excluding deposit) can be refunded.
* If we receive notification 47  days or less before retreat start date, no refund can be made at this short notice.

 **EXCLUSIONS:**

We do not accept responsibility or liability for cancellations, delays, changes or losses caused by acts of God, war, threat of war, civil strife, natural disasters, accidents or any other events beyond or within our control; guests' injuries, illnesses, medical or psychiatric conditions developed during or subsequent to the retreat; loss of or damage to personal property of guests.