**BOOKING**

* No booking shall exist until both the booking form and required minimum deposit have been received and ‘Rebecca Spittles Coaching’ has issued a Confirmation Receipt.
* Where a booking is made on behalf of several individuals, each attendee must complete a booking form.
* Although meditation and mindfulness can be helpful in managing stress, depression and anxiety our retreats might not be suitable if you are experiencing major depression or other clinically diagnosed psychiatric illness.
* This retreat is for women 18+
* Travel to and from Retreat Destination is not included.
* Accommodation is based on people sharing a room.
* Investment Includes resources, all food and drink (soft beverages/tea, coffee), accommodation and use of the house facilities.
* Rebecca Spittles Coaching reserves the right to alter any accommodation or activity
* The customer shall not use the retreat house except for permitted use and shall not use the property for any offensive, noisy, dangerous, illegal, entertainment, immoral or improper purposes. The customer shall not do anything which may be a nuisance or annoyance.

**PAYMENT**

* A non-refundable, non-transferable deposit of £50 to be received to hold a place on the retreat (booking form also to be completed).
* To secure your place, a **further payment of £120 must be received no later than Friday 27th December 2019** and **balance payment received no later than 31st January**. Failure to make either payment will result in your place being lost.
* All supplementary treatments (Reiki and Indian Head Massage) and 1:1 coaching session’s must be booked & fee’s received no later than **28th February 2020**

**DATA SECURITY**

Personal details taken from retreat guests will be kept safe and in the strictest confidence.  Your contact details are only available to Rebecca Spittles Coaching and will not be shared with third parties. You always have the right to request Rebecca Spittles Coaching delete or correct the information held about you.

**INSURANCE**

* We strongly recommend considering booking travel insurance which amongst other things provides cover in the event of a cancellation, curtailment or illness etc.
* No responsibility can be accepted by Rebecca Spittles Coaching for the safety of money or valuables of any kind brought to the retreat.  If you do bring valuable items, it is essential they are covered by your own insurance for the period of your stay. We will not be liable, under any circumstances for damage, injury or consequential loss, however caused to the retreat attendees.

**CANCELLATION:**

Whilst we wish to treat cancellations sympathetically spaces on the retreat are limited and as such, the following charges must be applied. Cancellation for whatever reason, should be notified to Rebecca Spittles Coaching.  :

In the event of cancellation by the customer, the following refund fees (minus the deposit) apply

Cancellation 6 weeks or less before arrival date, 0% refund

Cancellation 7 to 10 weeks before arrival date 25% refund

Cancellation 11 to 15 weeks before arrival date, 50% refund

Cancellation more than 16 weeks before arrival date, 100% refund

**EXCLUSIONS:**

We do not accept responsibility or liability for cancellations, delays, changes or losses caused by ’Acts of God’, war, threat of war, civil strife, natural disasters, accidents or any other events beyond or within our control; guests' injuries, illnesses, medical or psychiatric conditions developed during or subsequent to the retreat; loss of or damage to personal property of guests.

**JURISDICTION**

These terms and conditions shall be governed by English Law and the parties’ consent to the exclusive jurisdiction of the English courts in all matters regarding them.